

CURRICULUM VITAE

Sophie Lachapelle

PhD Candidate (ABD), Department of Criminology

University of Ottawa

Email: slach039@uottawa.ca

Website: sophielachapelle.ca

Education

Doctorate of Philosophy

Criminology, University of Ottawa, Ottawa, ON

Supervisor: Dr. Jennifer M. Kilty

Provisional Title: Make yourself at home: An institutional ethnography of municipal poverty and homelessness management in Kingston, Ontario, Canada

2021 –
Present

Master of Arts

Sociocultural Studies of Health, Queen's University, Kingston, ON

Supervisor: Dr. Samantha King

Thesis Title: Prison and its afterlives: Haunting and the emotional geographies of formerly incarcerated people's reintegration experiences in Kingston, Ontario, Canada

2018 – 2020

Bachelor of Arts (Honours)

Health Studies, Minor Global Development Studies, Queen's University, Kingston, ON

Supervisor: Dr. Jeffrey Masuda

Thesis Title: "Not just from here to here": The unseen health trajectories of post-carceral mobilities in Kingston, Ontario, Canada

2014 – 2018

Certificate

Interdisciplinary Studies in Global Health and Disability, Bader International Study Centre, Herstmonceux, East Sussex, UK

2016

Peer-Reviewed Publications

Lachapelle, S., Gelbard, S. B., & Kilty, J. M. (2025). "It's like you're still in jail": Exploring the subjugation of emotional knowledge in prison-to-community reintegration in Canada. *Current Issues in Criminal Justice*, 1-16.
<https://doi.org/10.1080/10345329.2024.2437207>

2025

Lachapelle, S., & Kilty, J. M. (2024). Slow violence and the colonality of carceral foodways in Canadian federal prisons. *Food & Foodways* 32(4), 349-371.
<https://doi.org/10.1080/07409710.2024.2405798>

2024

Lachapelle, S., & Kilty, J. M. (2023). « Vous étiez soulagé, mais en même temps terrifié » : Explorer les géographies émotionnelles des admissions et des libérations dans les prisons fédérales canadiennes. *Criminologie* 56(2).
<https://doi.org/10.7202/1107596ar>

2023

- Lachapelle, S., & Kilty, J. M.** (2023). "Use your common sense to navigate and you're gonna get along okay": Exploring the sensorial politics of attunement, survival, and resistance in Canadian federal prisons. *Emotion, Space & Society* 48, 100962. <https://doi.org/10.1016/j.emospa.2023.100962> 2023
- Lachapelle, S., Bogosavljevic, K., & Kilty, J. M.** (2022). In the name of health: Affect theory and the role of public health risks in the creation of carceral spaces. *Health, Risk & Society* 24(7-8), 336-353. <https://doi.org/10.1080/13698575.2022.2113508> 2022
- Lachapelle, S., & May, A.** (2021). A matter of life and death: Exploring the necropolitical limbo of Kingston's housing crisis in the era of the COVID-19 pandemic. *Annual Review of Interdisciplinary Justice Research* 10(1), 321-347. 2021
- Lachapelle, S., & Kilty, J. M.** (Accepted). The haunting afterlife of incarceration: Exploring the methodological value of the palimpsest for sensorial analyses in ghost criminology.
- Lachapelle, S., & Kilty J. M.** (Submitted). "It's an awful thing, but it's better than being dead": Exploring the violent emotional circuitry of segregation and its failed reforms in Canadian federal prisons.

Other Publications

- Lachapelle, S.** (2023, November 9). Letter in response to Kingston councillor's opinion on 'Community Standards' bylaw. (Op-ed). *The Kingstonist*. <https://www.kingstonist.com/culture/opinion/letter-in-response-to-kingston-councillors-opinion-on-community-standards-bylaw/> 2023
- Lachapelle, S.** (2023, August 16). Who benefits from the City of Kingston's newly drafted "Community Standards" by-law? Spoiler alert: it's not people who are unhoused. (Op-ed). *The Kingstonist*. <https://www.kingstonist.com/culture/opinion/opinion-who-benefits-from-the-city-of-kingstons-newly-drafted-community-standards-by-law-spoiler-alert-its-not-people-who-are-unhoused/> 2023
- Lachapelle, S., Kainth, J., & Boisvert, L.** (2022, April 13). Lachapelle, Kainth and Boisvert: Why are people held at the Ottawa jail so vaccine-hesitant? In their shoes, you might be too. (Op-ed). *Ottawa Citizen*. <https://ottawacitizen.com/opinion/lachapelle-kainth-and-boisvert-why-are-people-held-at-the-ottawa-jail-so-vaccine-hesitant-in-their-shoes-you-might-be-too> 2022
- Lachapelle, S., & May, A.** (2021). Kingston's housing crisis and COVID-19: A matter of life and death. (Policy Report). <https://sophielachapelle.ca/wp-content/uploads/2021/05/kingstons-housing-crisis-and-covid-19-a-matter-of-life-and-death.pdf> 2021

- Lachapelle, S.** (2021, May). “It’s set up so you trip and fall”: A report about formerly incarcerated people’s experiences of prison-to-community reintegration in Kingston, Ontario. (Policy Report). <https://sophielachapelle.ca/wp-content/uploads/2021/05/policy-report-may-2021.pdf> 2021
- Lachapelle, S.** (2021, March 3). Too little, too late: Reflecting on the City’s commitment to affordable housing on the first anniversary of the Mayor’s Taskforce on Housing Report. (Op-ed). *The Kingstonist*. <https://www.kingstonist.com/culture/opinion/opinion-too-little-too-late-reflecting-on-the-citys-commitment-to-affordable-housing-on-the-first-anniversary-of-the-mayors-taskforce-on-housing-report/> 2021
- Lachapelle, S.** (2020). [Prison and its afterlives: Haunting and the emotional geographies of formerly incarcerated people’s reintegration experiences in Kingston, Ontario, Canada.](#) *QSpace Queen’s Graduate Theses and Dissertations*. (Open Access). 2020

Research Experience

- Feeling the Carceral, University of Ottawa, Ottawa, ON** 2021 – 2024
Research Assistant
- Co-author multiple peer-reviewed journal publications based on interview data
 - Conduct, transcribe, and analyze semi-structured interviews with formerly incarcerated people, as well as prison staff, about emotions in prison and the emotionality of incarceration
 - Coordinate appointments with interview participants
 - Build and sustain strong working relationships with local service providers and prisoners’ rights advocates in Kingston, Ontario
- The Centre for Environmental Health Equity, Queen’s University, Kingston, ON** 2018 – 2020
Research Assistant
- Scheduled, moderated, and took minutes for bi-monthly lab meetings
 - Administered and authored content for the organizational website
 - Created and distributed research lab promotional materials
 - Worked collaboratively with other lab members on multiple research projects
 - Trained junior team members in research design, transcription protocol, interview techniques, analytical approaches, and software use
- RentSafe EquiP, Queen’s University, Kingston, ON** 2018 – 2019
Research Assistant
- Supported Dr. Erica Phipps in her doctoral dissertation project, RentSafe EquiP, a participatory action research project that sought to better understand and find solutions for housing inadequacy in Owen Sound, ON
 - Efficiently transcribed interviews
 - Reviewed and edited project evaluation reports
- A SHARED Future, Queen’s University, Kingston, ON** 2018 – 2019
Research Assistant

- Contributed to A SHARED Future (Achieving Strength, Health, and Autonomy through Renewable Energy Development for the Future), a community-based project about the intersection between Indigenous knowledge, reconciliation, and the renewable energy industry
- Transcribed all interviews for the initial project phase
- Reviewed draft project reports prior to distribution to other team members

Teaching Experience

Department of Criminology, University of Ottawa, Ottawa, ON

Teaching Assistant

2021 –
Present

- Offered support to students in lectures, office hours, and, in some cases, extra meetings to discuss course material and assignments in the following courses:
 - CRM 2306: Prison, Community, and the Deprivation of Liberty
 - CRM 2309: Criminal Justice & Health
 - CRM 2315: Individual Intervention in Criminology
 - CRM 3306: Introduction to Victimology
- Marked a variety of assignments, including essays, quizzes, exams, presentations, discussion posts, group assignments, etc.
- Prepared and delivered guest lectures according to course syllabi and class readings, while also incorporating my own research experience to broaden accessibility and real-world relevance of course material for students

School of Kinesiology and Health Studies, Queen’s University, Kingston, ON

Teaching Assistant

2018 – 2019

- Offered support to students in lectures, office hours, and, in some cases, extra meetings to discuss course material and assignments in the following courses:
 - HLTH 102: Personal Health and Wellness
 - HLTH 205: Introduction to Health Promotion
 - HLTH 315: Theory and Practice of Health Behaviour Change
 - HLTH 323: Introduction to Epidemiology
 - HLTH 445: Critical Health Promotion
- Marked a variety of assignments, including essays, quizzes, exams, presentations, discussion posts, group assignments, etc.
- Highlight: As a part of my Teaching Assistant evaluation for HLTH 445, many students complimented my teaching approach, stating I had helped them learn complicated concepts. One student wrote, “I liked how clearly passionate Sophie was about the topics presented within the class,” while another student said, “Sophie created an inclusive environment to feel like you are able to ask critical questions without feeling inferior.”

Guest Lectures

CRM 2309: Criminal Justice & Health

- Title: Incarceration and Houselessness: Examples of SDoH-Related Research in Kingston, Ontario

2024

GPHY 229: Place, Space, Culture, and Social Life

- Title: “It’s set up so you trip and fall”: Reflecting on Kingston’s carceral geographies from the perspectives of formerly incarcerated people

2024

GPHY 229: Place, Space, Culture, and Social Life

- Title: “It’s set up so you trip and fall”: Reflecting on Kingston’s carceral geographies from the perspectives of formerly incarcerated people 2023
HLTH 334: The Politics of Health and Illness
- Title: The Story of Unhoused People in Kingston during COVID-19: Exploring the Criminalization of Homelessness 2020
HLTH 445: Critical Health Promotion
- Title: “Wealth = Health”: Neoliberalism in the Nineties and the Emergence of Population Health 2019
- Title: The Conduct of Conduct: Governmentality Theory and Neoliberal Health Promotion 2019
HLTH 315: Theory and Practice of Behaviour Change
- Title: Communication and Health in a Changing Media Environment 2019
HLTH 205: Introduction to Health Promotion
- Title: What Can You Do with a Degree in Health Studies 2018

Presentations

- The haunting afterlife of incarceration: Exploring the methodological value of the palimpsest for sensorial analyses in ghost criminology** 2024
Canadian Law & Society Association Annual Meeting, Montréal, QC
- Slow violence and the colonality of carceral foodways in Canadian federal prisons** 2024
Law & Society Association Annual Meeting, Denver, CO
- "Use your common sense to navigate and you're gonna get along okay": Exploring the sensorial politics of attunement, survival, and resistance in Canadian federal prisons.** 2023
Critical Perspectives in Criminology National Conference, Ottawa, ON
- "Use your common sense to navigate and you're gonna get along okay": Exploring the sensorial politics of attunement, survival, and resistance in Canadian federal prisons.** 2022
International Conference for Carceral Geography, Melbourne, AUS (Virtual)
- A Matter of Life and Death: Exploring the Necropolitical Limbo of Kingston's Housing Crisis in the Era of the COVID-19 Pandemic.** 2021
Confinement in Pandemic Times: Between Care and Incarceration, Punishment and Protection, Amsterdam, NL (Virtual)
- A Matter of Life and Death: Exploring the Necropolitical Limbo of Kingston's Housing Crisis in the Era of the COVID-19 Pandemic.** 2021
Justice Studies Association Annual Conference: Reclaiming Justice, Chicago, IL, USA (Virtual)
- Feeling risky: The subjugation of emotional knowledge and the affective violence of 'risk' in the lives of formerly incarcerated people in Kingston, Ontario.** 2021
Global Carceral States: A Conference on Violence, Transgressions, and Technologies of Imprisonment, Santa Barbara, CA, USA/Birzeit, PS (Virtual)

- It's set up so you trip and fall: A conversation about prison-to-community reintegration in Kingston, Ontario** 2021
Organized community panel discussion over Zoom Webinar, presentation of self-authored policy report (link [here](#))
- In the name of health: Affect theory and the role of public health risks in the creation of carceral spaces** 2021
Centre for Interdisciplinary Justice Studies, Mobilizing Justice Conference, Winnipeg, MB (Virtual)
- Public health, public good.** 2019
Second Annual Kingston Community Chaplaincy Restorative Justice Annual Conference, Kingston, Ontario
- The Place of Public Health Within Restorative Justice: An Interdisciplinary Conversation** 2018
First Annual Kingston Community Chaplaincy Restorative Justice Conference, Kingston, Ontario
- “Not Just From Here to Here”: The Unseen Health Trajectories of Post-Carceral Mobilities in Kingston, Ontario** 2018
St. Dismas Society Prison Ministry Quarterly Meeting, Kingston, Ontario
- “Not Just From Here to Here”: The Unseen Health Trajectories of Post-Carceral Mobilities in Kingston, Ontario** 2018
Canadian Association of Geographers Ontario Division (CAG-ONT) Annual Conference, Toronto, Ontario

Media Interviews

- Kirby, S. (Author). (2024). Bylaw band-aid: “An emotional solution to a structural problem.” *Skeleton Press (Winter 2024)*. https://skeletonparkartsfest.ca/wp-content/uploads/2024/02/SP_v15_FORWEB_8Feb2024.pdf 2024
- Mills, S. (Host). (2022, April 12). Vaccine hesitancy at the Ottawa-Carleton Detention Centre [Radio program]. In, All in a Day. Ottawa, Ontario. CBC Ottawa (91.5FM) <https://www.cbc.ca/listen/live-radio/1-92-all-in-a-day/clip/15906379-vaccine-hesitancy-ottawa-carleton-detention-centre> 2022
- Mills, S. (Host). (2021, May 11). Experience with reintegration into Kingston after prison sentence [Radio program]. In, All in a Day. Ottawa, Ontario. CBC Ottawa (91.5FM) <https://www.cbc.ca/listen/live-radio/1-92-all-in-a-day/clip/15842537-experience-reintegration-kingston-prison-sentence> 2021
- Abs, R. (Host). (2021, May 5). Interview with **Sophie Lachapelle** [Radio program]. In, CFRC's Prison Radio. Kingston, Ontario. CFRC (101.9FM). <https://audio.cfr.ca/archives/2021-05-05-19.mp3> 2021

Awards & Recognitions

Social Science and Humanities Research Council (SSHRC) CGS-D <i>Monetary Award (\$110,000)</i>	2022 – 2025
Ontario Graduate Scholarship (OGS) <i>Monetary Award (\$15,000)</i>	2021
Doctorate of Philosophy Admissions Scholarship <i>Monetary Award (\$36,000)</i>	2021 – 2025
Social Science and Humanities Research Council (SSHRC) CGS-M <i>Monetary Award (\$17,500)</i>	2019
Ontario Graduate Scholarship (OGS) <i>Monetary Award (\$15,000)</i>	2018
Dean's Honour's List with Distinction <i>Achieved a GPA in top 3% of all students currently completing a Bachelor of Arts Degree in a given academic year</i>	2016 – 2018
Dean's Honour's List <i>Achieving a GPA of 3.50 in a given academic year</i>	2015
Principal's Scholarship <i>Monetary Award (\$8,000)</i>	2014 – 2015

Certifications

Lifesaver Naloxone Administration Training	2023
TCPS 2 Course on Research Ethics (CORE) Certificate <i>Certificate #: 0000786939</i>	2022

Relevant Work Experience

Elizabeth Fry Kingston <i>Development/Grant Coordinator</i>	2023 – Present
<ul style="list-style-type: none"> Proactively seeks out possible funding and program opportunities from private and public funders Collaboratively designs, efficiently drafts, and successfully submits grant proposals for myriad client-centred community programs and capital projects Provides substantive logistical, technical, and strategic support to the Executive Director in their efforts to maintain relationships with funders, complete and submit grant status reports to funders, develop new programs 	

and services, and consult agency clients to determine which programs/capital projects are most needed/relevant to their personal and professional goals

United Way Kingston Frontenac Lennox & Addington

Community Investment Associate

July –
December
2020

- Provided logistical and technical support to the Director of Community Investment during the granting and allocation process, including receiving and reviewing agency funding applications, scheduling meetings, and answering applicant inquiries.
- Provided logistical and technical support to the President & CEO of United Way KFL&A, as well as non-profit representatives, as they shared personal and client experiences with the local community throughout the United Way KFL&A's annual community-wide fundraising campaign
- Coordinated community events, training and education workshops, non-profit agency site visits, and funding allocation panel meetings
- Assisted community members experiencing various degrees of marginalization and vulnerability to receive local services, efficiently coordinating emergency service delivery when required, on an ad-hoc basis

Canadian Mental Health Association Hastings and Prince Edward Branch, Belleville, Ontario

June – August
2016 – 2018

Counseling Program Evaluator

- Compiled and statistically analyzed over ten years of client data
- Translated statistical into visually accessible summaries (e.g., info graphics) to be used for marketing, fundraising, and other organizational purposes
- Co-lead a support group for women with experiences of workplace discrimination due to their mental health via guest speakers, service referrals, and client-centred conversation

Case Aid

- Collaborated with co-workers to meet various needs of service users participating in the Transitional Housing Program
- Thoughtfully engaged with clients, ensuring their needs were met throughout their placement in the agency's Transitional Housing Program
- Partnered with prominent local businesses and associations to plan and implement community events and family-focused programs, highlighting national and local mental health awareness campaigns and resources

Assistant Summer Program Coordinator

- Designed and implemented mental health and recreational programming for community members
- Facilitated call-in and in-person support groups assisting community members with specific mental health concerns

Community and Volunteer Activities

Kingston Encampment Support Network (KESN), Kingston, Ontario

Co-founder and member

2023 –
Present

- Co-founded and developed a grassroots organization to support encampment residents' rights to self-determination – to live how and where they choose with safety, security, and dignity

- Co-designed and implemented a social media literacy campaign regarding local housing and houselessness politics, amassing a significant following on multiple platforms
- Collaboratively organized and facilitated several rallies and protests on an ad-hoc basis in response to municipal authorities' repeated attempts to evict and dispossess unhoused people in Kingston
- Regularly check-in with unhoused people living in encampments to provide supplies, information, and emotional and logistical support

Trellis HIV and Community Care, Kingston, Ontario

2021 – 2024

Integrated Care Hub (ICH) Drop-in Centre Volunteer

- The ICH is a space that provides low-barrier access to care and harm-reduction services to unhoused people in the Kingston community
- As a volunteer, I have assisted staff in providing food, harm reduction supplies/services, clothing, hygiene supplies, etc. to service users
- Organized and led recreational programming for service users, including arts and crafts, board game nights, and special events
- Collected garbage and refuse in and around the encampment, including bio-hazardous materials in a collaborative, safe, and respectful manner

Elizabeth Fry Society, Kingston, Ontario

2019 – 2023

Board Member, Board of Directors

- Co-Chair of Transitional Housing Development Sub-Committee; meeting regularly with other Board Members to grow the agency's transitional housing program through collaboration with charitable and government partners.
- Attend monthly meetings to discuss various governance issues, including staffing, budgeting and finances, programme needs, etc.
- Volunteer personal time, resources, etc. when required (i.e., to prepare for agency events, to maintain facilities, etc.).
- Assist agency staff with writing and submitting various government/community grant applications

Chair, Women Reintegration After Prison (WRAP) Program Working Committee

- In response to the desperate need for more comprehensive, client-focused support for women in conflict with the law in Kingston, the WRAP program's mission is to provide care and connection to all formerly incarcerated women in our community through advocacy; client-led, trauma-informed case management; and community building.
- The impetus for the WRAP Program is a policy report I authored based on my Master's thesis that was released in May 2021. Since then, I have worked in collaboration with the Board of Directors at Elizabeth Fry, as well as other community volunteers, to create a resource hub for women who are reintegrating after prison in the Kingston community
- My responsibilities as chair include but are not limited to: Setting meeting dates and agendas, hosting meetings and taking minutes, delegating tasks, developing a strategic direction for the program (including mission and vision statements), supervising the development of the program, grant writing, etc.

Court Support Volunteer (Wednesday Bail Court)

- Offered emotional support to women in conflict with the law before, during, and after their bail appearance, making referrals when appropriate

- Attended bail court and took detailed notes on all cases involving women in conflict with the law in an effort to support these women in all aspects of their journey through the criminal justice system

St. Vincent de Paul Society, Kingston, Ontario

2019 – 2020

Donation Reception Volunteer

- Received and sorted through donations from the local community as per St. Vincent de Paul Society of Kingston's policies and procedures
- Assisted office staff with various administrative duties, such as mail-outs, organization of office supplies, etc.
- Built meaningful relationships with service providers and service users, contributing to the safe and community-oriented space of St. Vincent de Paul

Canadian Families in Corrections Network, Kingston, Ontario

2018 – 2019

Visiting Resource Centre Volunteer

- Provided resource and referral information, interim support, and assistance to incarcerated persons and their family members during their scheduled visits at federal penitentiaries in Kingston, Ontario and the surrounding area